

Workshop 1:
Head and Neck Pain | TMJ Syndrome
April 25-27, 2008

**Please fill out and fax form to:
513-956-3206**

Questions? Call Terri at the
Blatman Pain Clinic: 513-956-3200 x 4

name _____

company _____

address _____

city _____

state _____ zip _____

cell / home phone _____

office phone _____

Rates:

- | | |
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| <input type="checkbox"/> Physician (MD, DO)
\$1100 | <input type="checkbox"/> Massage therapist,
Physical therapist,
Allied health care \$350 |
| <input type="checkbox"/> Pharmacist,
Chiropractor \$550 | <input type="checkbox"/> Dentist \$1100 |
| <input type="checkbox"/> Naturopathic
Physician \$1100 | <input type="checkbox"/> Nurse/PA \$1100 |
| | <input type="checkbox"/> NATI member \$900 |

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Visa Mastercard exp. date _____

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MYOFASCIAL PAIN TREATMENT SERIES

WORKSHOP 1: Head and Neck Pain TMJ Syndrome

Sponsored by
BETHESDA HOSPITAL
April 25-27, 2008
Cincinnati, Ohio

These workshops are designed to teach physical examination and treatment of patients with myofascial pain disorders. Myofascial head and neck pain includes TMJ syndrome and headache, from migraine and cluster to tension and what many patients refer to as sinus headache. Hal Blatman, M.D., student of the late Dr. Janet Travell, is the medical director and founder of the Blatman Pain Clinic. This nationally recognized holistic pain care center treats patients with common and various enigmatic pain disorders, sports injury, arthritis, fibromyalgia, and chronic fatigue syndrome. Dr. Blatman is the current president of the American Holistic Medical Association, and author of 'Winners' Guide to Pain Relief,' a text that makes myofascial pain understandable.



WORKSHOP INSTRUCTORS:

Hal S. Blatman, MD

Hal S. Blatman, MD, is the primary instructor leading the course series and will be sharing his expertise in holistic pain management.

Tom Bosma, DDS

Dr. Bosma has 25 years of experience in treating head and neck pain. He has studied Myofascial Medicine with Drs. Larry Funt and Janet Travell and is a certified practitioner in Oral Systemic Balance® Therapies. He is a fellow of the American Academy of Pain Management, and his expertise includes myofascial pain and dysfunction, chronic headache and migraine, sleep disordered breathing, and temporomandibular joint and muscle dysfunction.

Jeff Hill, RPh

Jeff Hill is a compounding pharmacist and Adjunct Instructor at the University of Cincinnati College of Pharmacy. He has worked extensively with physicians and patients as a “medication problem solver.” With Dr. Blatman, he has developed innovative ways to administer medications that are uniquely engineered to treat myofascial pain with a minimum of side effects.

What you will learn:

- Hands on physical examination/myofascial release techniques
 - Use of medications, compounded and traditional
 - Nutrition and pain management
 - Injection techniques by demonstration
 - Integrative, holistic, evidence based pain care
 - Billing and re-imburement for your services
 - How to duplicate Dr. Blatman’s Medical Practice and Success!
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Hotel Information:

Preferred Hotel –
Courtyard Marriott
1-800-321-2211
4625 Lake Forest Drive
Cincinnati, OH 45242
King rooms - \$109 / night
Made-to-order
breakfast - \$9.95
Room block until
April 1, 2008

Transportation:

Cincinnati/Northern
Kentucky International
Airport (CVG), Delta Hub
Taxi or car to Hotel
Shuttle provided for
workshops

SCHEDULE

Friday, April 25

- 12:00-1:00 p.m. Registration
- 1:00-5:00 p.m. The afternoon workshop will start with an overview of myofascial head and neck pain and the important nuances of history taking for patients with myofascial pain and fibromyalgia. Cervical and TMJ related anatomy will be reviewed, followed by ‘hands on’ physical examination of neck and jaw muscle and joint structures.
- 6:00-7:00 p.m. Brief Review of SDB Impact on Pain & Statistics
- 7:15-9:00 p.m. The evening workshop will be a relaxing ‘hands on’ experience of myofascial release techniques for cervical and TMJ related pain syndromes.

Saturday, April 25

- 9:00-9:30 a.m. Questions and Answers
- 9:30-10:30 a.m. “Cervical Muscles - Injection Techniques” *Hal Blatman, MD*
- 10:30-11:30 a.m. “TMJ Muscles - Injection Techniques” *Tom Bosma, DDS*
- 11:30-12:00 p.m. Questions and Answers
- 12:00-1:15 p.m. Lunch
- 1:15-2:15 p.m. “An Introduction to Nutrition and Pain” *Hal Blatman, MD*
- 2:15-3:15 p.m. “Trapezial Muscles - Injection Techniques” *Hal Blatman, MD*
- 3:15-3:30 p.m. Break
- 3:30-4:00 p.m. “Insurance and Re-imburement Issues”
- 4:00-4:45 p.m. “Transdermal Pharmacy” *Jeff Hill, RPh*
- 4:45-5:15 p.m. Questions and Answers

Instructors and times are subject to change without notice by the course director.

Sunday, April 27

- 9:00-9:30 a.m. “Intro to Oral Systemic Balance and its Implication in Myofacial Pain” *Tom Bosma, DDS*
- 9:30-10:00 a.m. “Medication for Myofascial Pain” *Hal Blatman, MD*
- 10:00-10:45 a.m. “Cervical Muscles - Injection Techniques” *Hal Blatman, MD*
- 10:30-11:30 a.m. “TMJ Muscles - Injection Techniques” *Tom Bosma, DDS*
- 11:30-12:00 p.m. Questions and Answers
- 12:00 p.m. Adjourn
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Target Audience:

MD’s, DO’s, DDS’s, DC’s, PT’s, OT’s, MST’s, RPh’s

Objectives: After participating in this activity, the physician should be able to:

- Diagnose head, neck and TMJ myofascial pain.
 - Treat head, neck and TMJ myofascial pain.
 - Describe and treat perpetuating factors for myofascial pain of head and neck.
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The University of Cincinnati College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Universal Program Number 050-999-07-021-L04. This program is worth 1.5 CEU (15 contact hours).

The Bethesda Hospital is accredited by the Ohio State Medical Association to provide continuing medical education for physicians.

The Bethesda Hospital designates this educational activity for a maximum of 1.5 AMA PRA Credit(s)™.

Physicians should claim credit commensurate with the extent of their participation in the activity.

Registration deadline is April 1, 2008.

Please call Terrie Harris at 513-956-3200 x4, for registration information.

Registration Fee: \$350-\$1100 (see opposite side)

If you need special accommodations due to a disability, or for CME credit information, please contact Julie Futscher at 513-569-6339 by April 1, 2008.